Recycling!



My family and I recycle plastic bottles and boxes because it reduces pollution in our community.

Many times gardening is done in some pretty unusual places using some pretty unusual stuff. Gardening in unusual places sometimes means gardening in a container.

Give life to that old pair of shoes or gym shoes. Shoes are great containers. A container needs to hold soil and have a place for water to leak out. Shoes do both especially well if they have a hole or two in them from being worn so much.

Source: www.urbanext.uiuc.edu

What lessons have you learned from recycling?

Recycling teaches us to think about the future. When you recycle soda cans. ewspapers or plastic, they can be remade into products you can use again next week, next month or years from now!

What other things are in your future? After high school, many kids go to college and then start a career - just like your Teacher did! You may even study to become a scientist and get a job helping to improve our environment.

Recycling can teach you about planning for college

When you think about the future, whether it's recycling tomorrow or maybe someday going to college, deciding on a career, what you want to do when you grow up, is hard for most people (not just fourth graders!) You know from recycling, though, that the things you do today can change the future. Getting ready for college and deciding on a career are the same - the harder you work today, the better off you will be tomorrow.

The state of Kansas has a program to help make paying for college easier. It's called the Learning Quest 529 Education Savings Program, and, like recycling, it's a way you and your family can do things today that can help you with your future education.

Here's your chance; win a Learning Quest account!

Enter the Get Caught Recycling! TM contest and you could win a Learning Quest account. Visit www.getcaughtrecycling.org and fill out and send in your Get Caught Recycling! Contest entry form. Home videos, bloopers, before and after candid shots, digital photos, recycled artwork and original drawings are welcome. Winners will be announced at the 2006 Kansas State Fair.

Prepare for your future

Learning Quest is a good way to start planning for how Lynn Jenkins, Kansas State o pay for college. When your parents save money for

college each month, you'll have a plan to help pay for future college costs

Your family can start saving money for education and make time work for you for as little as \$500, or set up an automatic monthly contribution of just \$25. Your parents will also be glad to know that Learning Quest can help them save money on their taxes today while they save for your future. You, your parents and grandparents can discover all the benefits of Learning Quest by calling a Learning Quest Specialist at 1-800-579-2203 or going online to learningquest.com.

Are there other ways you can help your parents prepare for your college? Working hard in school is a great start. When you get home today, ask them what else you can do. Remember, like recycling, a little effort can go a long way and it's never too early to start!

Before investing, carefully consider the plan's investment bjectives, risks, charges and expenses. This information and more about the plan can be found in the Learning Quest Handbook, available by contacting your financial advisor or American Century Investment Services, Inc., Distributor and Underwriter, at 1-800-579-2203 and should be read carefully before investing. As with any investment, your withdrawal value may be more or less than your original investment.

residency, purpose for or timing of distributions, or other factors. whether your or the beneficiary's home state offers a 529 Plan that extends the law. Treasurer, with Kansas kids

The availability of tax or other benefits may be conditioned on meeting certain requirements, such as If you are not a Kansas taxpayer, consider before investing

provides its taxpayers with state tax and other benefits not available through this plan. The federal tax treatment of 529 plans under the Economic and Tax Reconciliation Act of 2001 will expire after December 31, 2010, unless Congress

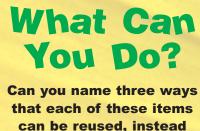


JUMBLE!

The following items can be recycled. Can you unscramble them? The answers are listed below.

TACISP TBLTEOS	
CTAPLIS AGSB	
LMKI GUSJ	
PAWESNPRE	
UMNUIMAL	
ARC ARTESBTIE	
BDORAACDR	
ESELT	
AEPRP SBGA	
GSASL	
ILO	

ALUMINUM, CAR BATTERIES, CARDBOARD, STEEL, PAPER BAGS, GLASS, OIL ANSWERS: PLASTIC BOTTLES, PLASTIC BAGS, MILK JUGS, NEWSPAPER, Source: www.p2pays.org/recycleguys/games.asp



of throwing them away? Cardboard box

- Plastic milk carton Glass jar
- Wooden board
- Plastic bag
- Newspaper



MAKE A MILK CARTON **BIRD FEEDER**

What You Need:

- Milk carton
- Stapler and staples
- Masking tape
- A soft cloth, rag or chamo Brown shoe polisi
- Scissors or a knife
- Twine

What You Do:

- 1. Clean and dry the milk carton
- 2. Staple the top of the carton
- 3. Tear off small pieces of masking tape and cover the entire carton with the pieces of tape.

- 4. Using a soft cloth, rub brown shoe polish all over the tape. This will give the carton a rough,
- 5. Cut a hole (WITH ADULT **ASSISTANCE**) about 4" above the bottom of the carton. The hole should be approximately 1" to 1 1/2" in diameter. This hole is for the birds to get in and out of the
- 6. Poke a few drainage holes in the bottom of the carton and two ventilation holes in the top of the
- 7. Poke a hole through the top of the feeder, string a piece of twine through the hole and ha your feeder on a tree.



For this project plus more ideas visit

Paid for by the Kansas Department of Health & Environment. Printed on recyclable paper.



Jacey, Gypsum:

At my grandma's house we save pop cans and recycle them.

Send it in! We want to know why recycling is important to you! Send in this form with a photo of yourself and we'll put you in the next issue of Kansas Kids Can!

Mail to: Kansas Kids Can, 1000 SW Jackson, Suite 320, Topeka, KS 66612 or e-mail us at kkc@kdhe.state.ks.us. Submissions of letters, photos and e-mails by students may be used in part or whole by KDHE, and should be approved by student's parents.

School:	
Address:	Phone:
City:	State: Zip:

Morgan, Belle Plaine: I recycle pop cans.

How does your garden grow?

Many of the foods we eat will grow into a new plant after we have consumed the edible portion. The tops, seeds, and roots of many fresh fruits and vegetables will sprout and re-grow.



Shawn, Hays:

I recycle paper, cans, boxes, and

glass to keep the world safe.

Samuel, Liberal: I recycle pop cans tops



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- Get Caught Recycling!
- Look who's been caught!
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- Look who's been caught!
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- Recycling lessons
- Word jumble
- What can you do?
- Make a milk carton bird feeder
- Kansas Kids Say
- "How do you recycle" form
- How does your garden grow?

Get Caught Recycling!™

We need your help in finding and catching people helping out our environment. If you see someone recycling, tell them THANKS and that they've been caught recycling! Send us a picture of one of your friends you have caught, we can't wait to see for ourselves!

LOOK INSIDE TO SEE WHO ELSE HAS BEEN CAUGHT!



"If you're not recycling, get the heck out of Dodge"

Miss Kitty, The Marshal, and the Longbranch Saloon Gang Dodge City, Kansas ENTER OUR

GET CAUGHT RECYCLING!

CONTEST AND DO YOUR PART TO

REDUCE, REUSE AND RECYCLE!

RECYCLE

RECYCLE

Want to have fun helping the environment, and win prizes while doing it? You can Reduce, Reuse & Recycle and win prizes too, by entering the *Get Caught Recycling!*™ contest.



To enter, submit home videos, bloopers, before and after candid shots, digital photos, recycled artwork and original drawings and essays.



Visit www.getcaughtrecycling.org for contest rules and entry form. Prizes include trophies, \$100, a \$500 Learning Quest college savings account, and a grand prize of a \$2,500 Learning Quest college savings account. We have prizes or awards for all entries. The grand prize winner will be announced at the 2006 Kansas State Fair.

